

Care Plans Overview

WE DO NOT “TREAT” OR “CURE” ANY CONDITION. WE SUPPORT THE BODY TO ALLOW FOR MAXIMUM HEALING!

IF you are a smoker or you are not willing to change your lifestyle, please do not read any further because I will not accept you for care.

Dr. Michael Johnson has been in private practice since 1983 and he has helped thousands of patients regain their health. He started with functional medicine long before it was called “functional medicine” when it was called “nutritional therapy.”

In 1997, he started in the Carrick Functional Neurology program and he has been using functional neurology/brain-based exercises in his practice to help patients heal faster ever since.

He consults with DCs, MDs, DNPs, and DPMs nationwide on his private message board at www.txfibro.com and he is the author of two physical books, *What Do You Do When the Medications Don't Work—I Non-Drug Treatment of Dizziness, Fibromyalgia, Migraine Headaches and Other Chronic Conditions*, *You Can Beat Thyroid Disorders Naturally!* and several e-books.

Here Is How Our Protocols Will Help You...

1. **Complete Blood Work:** In order to get to the bottom or root cause of what is happening with your health, we do complete blood work with all of our patients. That includes a comprehensive metabolic panel, CBC with auto diff (to determine underlying toxins and infections), Lipid Panel, a Complete Thyroid Panel and we also check two other blood tests that no one else is testing... The NASH FibroSure Plus for an in-depth look at your liver function and the CD4:CD8 Ratio for an in-depth look at your immune system. We use the complete blood panel to check blood sugar, inflammation markers, liver function, kidney function, immune function, adrenal function, gut function, etc. with interpretation. We have found clinically that severe inflammation is one of the major reasons behind many health conditions.
2. **High Stored Iron or Ferritin:** Google “high ferritin and cancer” and you will see that high iron is a major contributor! We check your ferritin level which is your level of stored iron. High ferritin (aka Iron Overload and/or hemochromatosis) can lead to a host of other health issues. Stored iron or ferritin is different from circulating iron. You can have high stored iron or ferritin and still be anemic!

3. **Hormone Testing:** We need to get a DUTCH complete on you to not only check your hormone levels but more important, your hormone pathways. The DUTCH Complete™ is the most advanced hormone test, offering an extensive profile of sex and adrenal function and hormones and melatonin, along with their metabolites, to identify symptoms of hormonal imbalances. Easily collected in the comfort of your own home, samples are then sent to our lab to be processed. The DUTCH Complete™ is the most accurate test providing a complete assessment of hormonal health.

The Results Include

- Analysis of 35 different hormones: estrogen, progesterone, testosterone, DHEA-S, and cortisol along with their metabolites
- Daily free cortisol patterns to provide insight into adrenal insufficiency or symptoms of chronic stress
- Graphical representation of results and embedded video tutorials to assist in the hormone assessment to share with your medical provider
- DUTCH OATs: Oxidative stress marker – 8-Hydroxy-2-deoxyguanosine (8-OHdG), melatonin (6-OHMS), and six organic acid tests (OATs) including markers for vitamin B12 (methylmalonate), vitamin B6 (xanthurenate), kynurenate, glutathione (pyroglutamate), dopamine (homovanillate), norepinephrine/epinephrine (vanilmandelate).

4. Home Therapies That Will Be Sent to You to Use Daily...

- **A: LZR 20,000 Watt Red Light:** Every day you will be using the LZR 20,000 watt red-light therapy (<https://lzurultrabright.com/lzr-ultrabright-pro-20000-mw/>) at home. If we are going to support your body, we need to be having you using home treatments daily! This is a \$4000.00 red light and in my opinion, the best available on the market.
- **B: Magnet Therapy:** Daily magnetic therapy with bar magnets (2" x 4" x 1") to help remove underlying toxins and infections. I tell patients that magnetic therapy is like acupuncture with magnets.
- **C: Homeopathic Remedies:** Removing underlying toxins and Infections: How we achieve successful outcomes with our patients where others have failed is by focusing on the removal of toxins and infections from your body. Toxins and infections in your body can cause inflammation and weaken your immune system. Along with the LZR red light, magnet therapy and neurology protocols, we use

homeopathic remedies that I make specifically for you to remove the underlying toxins and infections.

- **D: Functional Neurology/Brain Based Exercise Protocols:** Most chronic patients are in a sympathetic, “fight or flight” survival mode. The specific functional neurology protocols that I have developed to remove those stressors that are locked in your nervous system.
- 5. **Cheap, Inferior Supplements:** Removal of cheap, inferior supplements from your system. Cheap, inferior B-vitamins are made from petroleum-based products and they are actually toxic to your nerves. The same with Vit D, cheap, inferior Vit D is made from sheep’s wool. Cheap supplements could be hurting your health instead of helping you!
- 6. **Lifestyle Changes:** You are going to have to make some changes and have some “skin in the game.” You need to change your diet... stop eating junk food, refined sugar and drinking soda. High fiber (vegetables and low glycemic fruit), moderate protein (grass-fed beef, free range chicken, wild-caught seafood), nuts and seeds are all important when you eat for energy. Cancer LOVES sugar! If you are a smoker, we will not accept you as a patient because you seriously need to get serious about your health first.
- 7. **Weekly Check-in Calls:** It’s important to stay in contact to answer any and all questions along with monitoring your progress so we will schedule weekly FaceTime, WhatsApp or Zoom.com calls.
- 8. **Unlimited Texting:** You will have Dr. Johnson’s personal cell number so you will have the ability to text him with any and all questions. Dr. Johnson attempts to respond as soon as possible. Texting is available to you at all times, 24/7.
- 9. **Acceptance into Our Program:** We not only have patients from all over the U.S. but we have patients from all over the world. We don’t accept all patients that present to our clinic. We offer 6,12,18 and 24 month programs so if you can afford it, our best recommendation is the 24-month program.

If you have any questions, please email Dr. Johnson directly at DRMLJ83@gmail.com.

Care Plans... 12, 18, and 24-Months

PLEASE NOTE: Due to the fact that everything except the weekly calls are provided upfront, there are no refunds. Once you are in, you are in and we get you better. There are also no itemized invoices provided for any reason. All of the care will be provided as described above. The only option to make payments is Care Credit. Care Credit offers a 24 month no

interest plan in which they take a hefty part of our fee. If you have payments left at the end of 24 months interest free, many get a bank loan which will have a much lower interest.

Care Plan: 12-Month Program

The vast majority of chronic conditions take at least a year to correct. Care Credit offers many options including no interest plans up to 24 months.

\$14,995.00... The 12-month program can be financed via CareCredit.

This program includes all homeopathic remedies to remove toxins and infections that weaken your immune system, pre and post lab tests, 20,000 watt LZR Ultrabright red light (\$3999.00 online at www.lzrultrabright.com) emails, phone calls and complete support for 12-months. Please note: it does not include nutritional supplements. I keep supplements at a minimum.

Care Plan: 18-Month Program

Care Credit offers many options including no interest plans up to 18 months.

\$18,500... The 18-month program can be financed via CareCredit

This program includes all homeopathic remedies, pre and post lab tests, 20,000 watt LZR Ultrabright red light, emails, phone calls and complete support for 18-months. Please note: it does not include nutritional supplements.

Care Plan: 24-Month Program

Care Credit offers many options including no interest plans up to 24 months.

\$24,500... The 24-month program can be financed via CareCredit or MLEnd.

This program includes all homeopathic remedies, pre and post lab tests, 20,000 watt LZR Ultrabright red light, emails, phone calls and complete support for 24-months. Please note: it does not include nutritional supplements.

Due to the fact that we have to pay for everything upfront (LZR Red Light, All Labs, etc), we need payment upfront which is why we offer Care Credit financing. They offer a 24-month, no interest option or up to 60-months with interest.

Financing Options for Care with Dr. Michael L. Johnson / Johnson Wellness Institute / Apple Medical Clinic

Care Credit

Care Credit offers a 24-month, no interest option that many of our patients use. Please go to www.carecredit.com, apply for an account, fill out the attached Care Credit form and email it back to Dr. Johnson at DRMLJ83@gmail.com.

Advance Care

Advance Care offers 6-14 month no interest options. Please go to www.advancecarecard.com and select, "Apply Now."

Choose credit status from Excellent, Good, Fair and you will be directed as to which product best matches your credit situation.

MLend

Go to www.mlendfinance.com and apply online.

We also accept credit cards, cash, and checks.

Lower Credit Scores Can Use...

MyMedicalFunding

Go to www.mymedicalfunding.com, select the amount and complete the online application.

Care Credit Payment Plans... For Our 12 Month Care Plans

12 Month Care Plan = \$14,995.00

No Interest Payment Plans via Care Credit

- 6 Month No Interest (aka Deferred Interest) = \$2500.00
- 12 Month No Interest (aka Deferred Interest) = \$1250.00
- 18 Month No Interest (aka Deferred Interest) = \$834.00
- 24 Month No Interest (aka Deferred Interest) = \$625.00

Payment Plans with Interest via Care Credit

- 24 Month Reduced APR 17.9% w/monthly payments = \$748.00
- 36 Month Reduced APR 18.9% w/monthly payments = \$549.00
- 48 Month Reduced APR 19.9% w/monthly payments = \$456.00
- 60 Month Reduced APR 20.9% w/monthly payments = \$405.00

